

Monday	Tuesday	Wednesday	Thursday	Friday		Sunday
4:00 – 5:00 pm Kids 8-12 years	3:45 – 4:30 pm Kids <8 years 4:30 – 5:15 pm Kids 8-12 years	4:00 – 5:00 pm Kids 8-12 years	3:45 – 4:30 pm Kids <8 years 4:30 – 5:15 pm Kids 8-12 years			10:00 – 11:00 am Conditioning 11:15 – 12:15 pm Kids Mixed Ages
5:30 – 6:30 pm Weapons - jyo Adults & Teens Martinez	5:30 – 6:30 pm Aikido Adults & Teens Ramos	5:30 – 6:30 pm Weapons - bokken Adults & Teens Ramos	5:30 – 6:30 pm Aikido Adults & Teens Ramos	5:30 – 6:30 pm Iado Adults & Teens Ramos		
6:30 – 7:30 pm Aikido Adults & Teens Martinez	6:30 – 7:30 pm Weapons - jyo Adults & Teens Ramos	6:30 – 7:30 pm Aikido Adults & Teens Martinez	6:30 – 7:30 pm Weapons - bokken Adults & Teens Ramos	6:30 – 7:30 pm Zen meditation Adults & Teens Ramos		